

WORSHIP & COMMUNION

We invite you into this time of prayerful reflection and communion. As you prepare for the service, grab a piece of bread and cup of drink, find a quiet space without distraction, maybe light some candles or dim your lights a bit, and prepare yourself for this time of worship.

The movement of grace toward gratitude brings us from the package of self-obsessed madness to a spiritual awakening. Gratitude is peace. Maybe you won't always get from being a brat to noticing that it is an e.e. Cummings morning our the window. But some days you will.

—Anne Lamott

Ringing the Trinity

Prelude The King of Love My Shepherd Is—Courtney. Zhaolei Xie

Introit “Be Not Afraid” Taylor Hightower

Summoning Prayer

Let us pray:

God of unfailing power,

You give vigor to the weary,

fresh hope to the exhausted.

We look to you to win new strength,
that we may soar as on eagles' wings,

run and not feel faint,

march on and not grow weary.

Keep us aglow with your Spirit,

that with unflagging zeal we may serve you.

Amen.

The Old Testament Reading 1 Kings 19: 3-9

A Reading from the book of 1 Kings The New Revised Standard Version

Elijah was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Taizé

Stay With Me

Stay with me, re-main here with me, watch and
Blei - bet hier und wa - chet mit mir, wa - chet und

pray, be - tet, watch and pray, be - tet,
wa - chet und

f *p* *f* *p*

F C Dm ASus A

A Poem for Reflection

By W. S. Merwin

Listen

with the night falling we are saying thank you
we are stopping on the fringes to bow from the railings
we are running out of the glass rooms
with our mouths full of food to look at the sky
and say thank you
we are standing by the water thanking it
smiling by the windows looking out
in our directions

back from a series of hospitals back from a mugging
after funerals we are saying thank you
after the news of the dead
whether or not we knew them we are saying thank you

over telephones we are saying thank you
in doorways and in the backs of cars and in elevators
remembering wars and the police at the door
and the beatings on stairs we are saying thank you
in the banks we are saying thank you
in the faces of the officials and the rich
and of all who will never change
we go on saying thank you thank you

with the animals dying around us
our lost feelings we are saying thank you
with the forests falling faster than the minutes
of our lives we are saying thank you
with the words going out like cells of a brain
with the cities growing over us
we are saying thank you faster and faster
with nobody listening we are saying thank you
we are saying thank you and waving
dark though it is

Musical Reflection

“Abide With Me”

Marlene Gentile & Zhaolei Xie

Prayers for Ourselves and Others

Gracious God,
rejoicing in your blessings,
trusting in your loving care for all,
we bring you our prayers for the world.

We pray for the created world:
for those who rebuild where things have been destroyed;
for those who fight hunger, poverty, and disease;
for those who have power to bring change for the better and to renew hope.

In the life of our world, Your kingdom come, O Lord, Your will be done.

We pray for our country:
for those in leadership who
frame our laws and shape our common life;
who keep the peace and administer justice;
for those who teach and those who heal for all who serve the community.

In the life of our world, Your kingdom come, O Lord, Your will be done.

We pray for people in need tonight:
those for whom life is a bitter struggle;
those whose lives are clouded by death or loss, by pain or disability,
by discouragement or fear, by shame or rejection.

In the life of our world, Your kingdom come, O Lord, Your will be done.

We pray for those
in the circle of friendship and love around us:
children and parents, sisters and brothers, friends and neighbors,
and for those especially in our thoughts today...

In the life of our world, Your kingdom come, O Lord, Your will be done.

We pray for the church in its stand with the poor,
in its love for the outcast and the ashamed,
in its service to the sick and neglected, and in its proclamation of the Gospel.

In the life of the church, Your kingdom come, O Lord, Your will be done.

Hear these prayers, O God and bring your kingdom nearer. Amen.

A Poem for Reflection

Because of Our Wisdom by Hafiz

In many parts of the world water is scarce and precious.

People sometimes have to walk a great distance, then carry heavy jugs upon their heads.

Because of our wisdom, we will travel far for love. All movement is a sign of thirst.

Most speaking really says, “I am hungry to know you.”

Every desire of your body is holy; every desire of your body is holy.

Dear one, why wait until you are dying to discover that divine truth?

Taizé

Bless The Lord

Musical score for the first line of the hymn. It consists of a vocal line and a piano accompaniment line. The key signature has one flat (Bb) and the time signature is common time (C). The tempo/mood is marked *p* (piano). The lyrics are: "Bless the Lord, my soul, and bless God's ho - ly name." The piano accompaniment features a steady bass line with chords and some melodic movement in the right hand.

Musical score for the second line of the hymn. It continues with a vocal line and piano accompaniment. The key signature remains Bb and the time signature is common time. The tempo/mood is marked *p*. The lyrics are: "Bless the Lord, my soul, who leads me in - to life." Above the vocal line, the following chords are indicated: Dm, G, Dm, Bb, C, Dm. The piano accompaniment continues with a similar texture to the first line.

Holy Communion

The Peace

Celebrant The angels said it to startled shepherds
and Jesus said it to frightened followers.
And now these words which come from heaven
are shared to make us whole and make us one:

Peace be with you.

Celebrant The table of bread and wine is ready.
It is the table of company with Jesus,
and all who love him.
It is the table of sharing with the poor of the world,
with whom Jesus identified himself.
It is the table of communion with the earth,
in which Christ became incarnate.

Loving God,
through your goodness
we have bread and wine to offer,
which have come forth from the earth
and human hands have made.
May we know your presence
in the sharing,
so that we may know your touch
and presence in all things.

Celebrant We celebrate the life that Jesus has shared
among his community through the centuries,
and shares with us now.
Made one in Christ
and one with each other,
we offer these gifts and with them ourselves.
May they become in your presence
a mark of the beloved community.

Sung Response

This is the Body of Christ

The musical score is written on five staves in a 3/8 time signature with a key signature of one flat (B-flat). The lyrics are: "This is the body of Christ - - bro - ken that we may be whole this cup, as prom - ised by God, true to his word, cra - dles our Lord: food for the good of the soul".

The Thanksgiving
Celebrants

Blessed is our brother Jesus,
who walks with us the road of our world's suffering,
and who is known to us in the breaking of bread.

During the meal, he took bread.
And when he had blessed it, he broke it
and said to his disciples,
"This is my body. It is given for you. Do this to remember me."

Later in the meal, he took a cup of wine;
and after he had given thanks he said,
"In this cup is the new relationship with God made possible
because of my death. Drink it, all of you... to remember me."

So we will do as Jesus did.
 We take this bread and this wine,
 the produce of the earth
 and the work of human hands
 through which Jesus has promised
 to make himself known.

And as he said a prayer before sharing,
 let us follow his example.

The Lord's Prayer

LORD'S PRAYER (HAAS)

Our Fa - ther in heav - en,

7

hal - low - ed be your name. Your king - dom come, your will be done on

11

earth as in heav - en. Give us to - day our dai - ly bread. For -

15

give - - us our sins as we for - give those who sin a - gainst us -

20

- Save us from the time of trial and de - liv - er us from

24

e - vil, for the king - dom, the power, and the glo - ry are yours, now and for -

28

ev - er.

Sharing of the Bread & Wine

Celebrant So come to this table,
you who have much faith
and you who would like to have more;
you who have been here often
and you who have not been for a long time;
you who have tried to follow Jesus,
and you who have failed.
Come, it is Christ who invites us to meet him here.

Celebrant All of you who hunger and thirst
for a better life,
for a deeper faith,
for a better world,
here is the bread of life:
let us together
feed on it with gratitude;
here is the cup of salvation:
let us together
drink from it and believe.

After Communion

Celebrant Let us thank God
for the one to whom we are summoned,
the one by whom we are sent,
whose image we are,
whose flesh we share,
whose love is all.

Sung Benediction

Prayer of Peace (vs 1-3)



1. Peace	be - fore us,	peace	be - hind us,	peace
2. Love	be - fore us,	love	be - hind us,	love
3. Light	be - fore us,	light	be - hind us,	light
4. Christ	be - fore us,	Christ	be - hind us,	Christ
5. Al - le - lu - ia,		al - le - lu - ia,		al - le -
6. Peace	be - fore us,	peace	be - hind us,	peace



un - der our feet.	Peace	with - in us,	peace
un - der our feet.	Love	with - in us,	love
un - der our feet.	Light	with - in us,	light
un - der our feet.	Christ	with - in us,	Christ
lu - ia,	Al - le - lu - ia,		al - le -
un - der our feet.	Peace	with - in us,	peace



o - ver us,	let all a - round us	be	peace.
o - ver us,	let all a - round us	be	love.
o - ver us,	let all a - round us	be	light.
o - ver us,	let all a - round us	be	Christ.
lu - ia,	al - le - lu - ia,		
o - ver us,	let all a - round us	be	peace.