

WORSHIP & COMMUNION

We invite you into this time of prayerful reflection and communion. As you prepare for the service, grab a piece of bread and cup of drink, find a quiet space without distraction, maybe light some candles or dim your lights a bit and prepare yourself for this time of worship.

One cannot think well, love well, sleep well, if one has not dined well.
—Virginia Woolf

Ringling the Trinity

Prelude	Holy, Holy, Holy—James	Zhaolei Xie
Introit	“In Remembrance of You”	Taylor Hightower

Summoning Prayer

Let us pray:

Lord, teach us the silence of humility,
the silence of wisdom, the silence of love,
the silence that speaks without words,
the silence of faith.

Lord teach us to silence our own hearts
and minds that we may listen for the movement of
your Holy Spirit, and feel your presence
in the depths of our being.

Come, Holy Spirit: breath of God,
breath of life, breath of deepest yearning.

Come, Holy Spirit: comforter,
disturber, interpreter, enthused.

Come, Holy Spirit: heavenly friend,
lamplighter, revealer of truth, midwife of change.

Come, Holy Spirit:
speak to us this night. Amen.

The Old Testament Reading Exodus 16: 1-12

A Reading from the book of Exodus
The New Revised Standard Version

The whole congregation of the Israelites set out from Elim; and Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days." So Moses and Aaron said to all the Israelites, "In the evening you shall know that it was the Lord who brought you out of the land of Egypt, and in the morning you shall see the glory of the Lord, because he has heard your complaining against the Lord. For what are we, that you complain against us?" And Moses said, "When the Lord gives you meat to eat in the evening and your fill of bread in the morning, because the Lord has heard the complaining that you utter against him—what are we? Your complaining is not against us but against the Lord."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

Taizé

Live In Charity

F C Dm B \flat D G C ,
U - bi ca - ri - tas et a - mor,
Live in char - i - ty and stead - fast love,

F C Dm Gm C F
u - bi ca - ri - tas De - us i - bi est.
live in char - i - ty; God will dwell with you.

A Poem for Reflection

Soda Crackers by Raymond Carver

You soda crackers! I remember
when I arrived here in the rain,
wiped out and alone.
How we shared the aloneness
and quiet of this house.
And the doubt that held me
from fingers to toes
as I took you out of your cellophane wrapping
and ate you, meditatively,
at the kitchen table
that first night with cheese,
and mushroom soup. Now,
a month later to the day,
an important part of us
is still here. I'm fine.
And you—I'm proud of you, too.
You're even getting remarked
on in print! Every soda cracker
should be so lucky.

We've done all right
for ourselves. Listen to me.
I never thought
I could go on like this
about soda crackers.
But I tell you
the clear sunshiny
days are here, at last.

Musical Reflection

“Panis Angelicus”

Ana Sofia Suarez, Zhaolei Xie

Prayers for Ourselves and Others

Let us prepare ourselves for the week before us and claim its potential sent by God.

Let us pray:

We bring to God our concerns for this week before us.

We bring to God the people we will meet and those who influence our lives daily...

Silent prayer

And let us pray for ourselves...

Silent prayer

Lord, give us wisdom before we speak,
understanding while we listen,
sensitivity towards those we meet,
and the perspective of your kingdom
in which to see the things of the earth.

Bring us to the week's ending
blessed through having shared the week's beginning.
In Christ's name we ask this.
Amen.

Musical Reflection

“Ave Maria”

Ana Sofia Suarez, Zhaolei Xie

A Poem for Reflection

Liddy's Orange by Sharon Olds

The rind lies on the table where our girl has left it
torn into pieces the size of petals
and curved like petals, rayed out like a
full-blown rose, one touch will make it come apart.
The lining of the rind is wet and chalky as
Devonshire cream, rich as the glaucous
lining of a boiled egg, all that protein
cupped in the ripped shell. And the navel,
torn out carefully,
lies there like a fat gold
bouquet, and the scar of the stem, picked out
with her nails, and still attached to the white
thorn of the central integument,
lies on the careful heap, a tool laid
down at the end of a ceremony,
All here speaks of ceremony,
the sheen of acrid juice, which is all that is
left of the flesh, the pieces lying in
profound order like natural order,
as if this simply happened, the way her
life at 13 looks like something that's just
happening, unless you see her
standing over it, delicately clawing it open.

Taizé

Come and Fill

♩ = 66

D Bm , D A ,

Con - fi - te - mi - ni Do - mi - no quo - ni - am bo - nus.
Come and fill our hearts with your peace. You a - lone, O Lord, are ho - ly.

Em C , Em A D ,

Con - fi - te - mi - ni Do - mi - no, al - le - lu - ia!
Come and fill our hearts with your peace, al - le - lu - ia!

Holy Communion

The Peace

Celebrant The angels said it to startled shepherds
and Jesus said it to frightened followers.
And now these words which come from heaven
are shared to make us whole and make us one:

Peace be with you.

Celebrant The table of bread and wine is ready.
It is the table of company with Jesus,
and all who love him.
It is the table of sharing with the poor of the world,
with whom Jesus identified himself.
It is the table of communion with the earth,
in which Christ became incarnate.

Loving God,
through your goodness
we have bread and wine to offer,
which have come forth from the earth
and human hands have made.
May we know your presence
in the sharing,
so that we may know your touch
and presence in all things.

Celebrant We celebrate the life that Jesus has shared
among his community through the centuries,
and shares with us now.
Made one in Christ
and one with each other,
we offer these gifts and with them ourselves.
May they become in your presence
a mark of the beloved community.

Sung Response

This is the Body of Christ

The musical score is written on a single treble clef staff in 3/8 time, with a key signature of one flat (B-flat). The lyrics are: "This is the bo - dy of Christ - - bro - ken that we may be whole this cup, as prom - ised by God, true to his word, cra - dles our Lord: food for the good of the soul". The score consists of five lines of music, each with a measure number (5, 9, 13, 17) at the beginning. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes. The final note of the piece is a whole note on the G line of the staff.

5
9
13
17

The Thanksgiving *Celebrants*

Blessed is our brother Jesus,
who walks with us the road of our world's suffering,
and who is known to us in the breaking of bread.

During the meal, he took bread.
And when he had blessed it, he broke it
and said to his disciples,
"This is my body. It is given for you. Do this to remember me."

Later in the meal, he took a cup of wine;
and after he had given thanks he said,
"In this cup is the new relationship with God made possible
because of my death. Drink it, all of you... to remember me."

So we will do as Jesus did.
 We take this bread and this wine,
 the produce of the earth
 and the work of human hands
 through which Jesus has promised
 to make himself known.

And as he said a prayer before sharing,
 let us follow his example.

The Lord's Prayer

LORD'S PRAYER (HAAS)

Our Fa - ther in heav - en,

7

hal - low - ed be your name. Your king - dom come, your will be done on

11

earth as in heav - en. Give us to - day our dai - ly bread. For -

15

give - - us our sins as we for - give those who sin a - gainst us -

20

- Save us from the time of trial and de - liv - er us from

24

e - vil, for the king - dom, the power, and the glo - ry are yours, now and for -

28

ev - er.

Sharing of the Bread & Wine

Celebrant So come to this table,
you who have much faith
and you who would like to have more;
you who have been here often
and you who have not been for a long time;
you who have tried to follow Jesus,
and you who have failed.
Come, it is Christ who invites us to meet him here.

Celebrant All of you who hunger and thirst
for a better life,
for a deeper faith,
for a better world,
here is the bread of life:
let us together
feed on it with gratitude;
here is the cup of salvation:
let us together
drink from it and believe.

After Communion

Celebrant Let us thank God
for the one to whom we are summoned,
the one by whom we are sent,
whose image we are,
whose flesh we share,
whose love is all.

Sung Benediction

Prayer of Peace (vs 1-3)



1. Peace	be - fore us,	peace	be - hind us,	peace
2. Love	be - fore us,	love	be - hind us,	love
3. Light	be - fore us,	light	be - hind us,	light
4. Christ	be - fore us,	Christ	be - hind us,	Christ
5. Al - le - lu - ia,		al - le - lu - ia,		al - le -
6. Peace	be - fore us,	peace	be - hind us,	peace



un - der our feet.	Peace	with - in us,	peace
un - der our feet.	Love	with - in us,	love
un - der our feet.	Light	with - in us,	light
un - der our feet.	Christ	with - in us,	Christ
lu - ia,	Al - le - lu - ia,		al - le -
un - der our feet.	Peace	with - in us,	peace



o - ver us,	let all a - round us	be	peace.
o - ver us,	let all a - round us	be	love.
o - ver us,	let all a - round us	be	light.
o - ver us,	let all a - round us	be	Christ.
lu - ia,	al - le - lu - ia,		
o - ver us,	let all a - round us	be	peace.